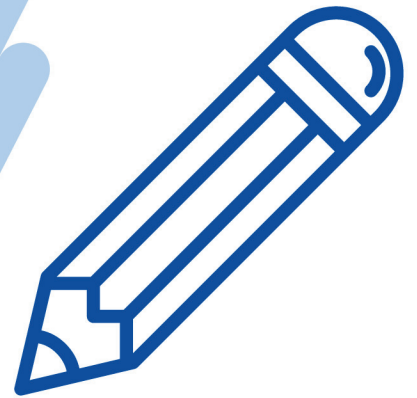




# Trinity West PTA

MONTHLY NEWSLETTER  
SEPTEMBER 2025



## Welcome Back to School!

By Principal CJ Chairge

Dear Families and Students,

Welcome to the 2025–2026 school year! We hope you had a wonderful summer and are as excited as we are to begin another fantastic year of learning, growth, and fun.

This year we are excited to introduce ParentSquare, our new communication app that replaces ClassDojo. ParentSquare will be the best way to stay connected with school updates, reminders, and events—all in one place. Be sure to download the app so you don't miss important news and opportunities to get involved.

We're also looking forward to another great year of PTA-sponsored programs and events that bring our school community together. Thank you for your continued support as we work hand in hand to make this year a joyful and successful one for all students.

Thank you for being an important part of our school community—we look forward to all we'll accomplish together.

### In This Issue:

A Note From the Office  
Lost & Found Tips  
Trinity Bucks  
PTA Update  
PTA Leadership Team  
Box Tops  
All About PBIS  
Monthly Calendar



# Trinity West PTA NEWSLETTER



## A NOTE FROM THE OFFICE

### Back to School Tips:

- When sending in excuses for absentee days, please make sure to include your child's First and Last name.
- All early releases need to be before 2:50pm. We need to keep the front driveway open for our buses to line up.
- Any student dropped off after 8:45am is considered tardy and will need a parent/guardian to sign them in.
- Any change in transportation throughout the year must have proper paperwork completed.

If you have any questions, please feel free to reach out to our West office staff.

Melissa Koskoski,  
School Secretary  
mkoskoski@trinityhillers.net

## Contact Us



## Lost & Found Tips

- Write your child's name on jackets, water bottles, lunch boxes, and even hoodies.
- Check your Parent Square app for picture posts of lost and found items.
- Items that are not claimed will be donated to a local charity.
- Encourage your child to check the lost and found, located in the cafeteria, if they are missing any item.

## TRINITY BUCKS

Trinity Bucks are school currency that can be used for all popcorn, school store, and Santa shop sales. Each "buck" costs just a buck! They make great gifts for classroom parties and treats for birthdays. Buy a stack to keep in your child's book bag so they are always ready for in school sales. A flyer will be coming home with your student soon - or you can purchase now online!

Popcorn sales are every 2nd Wednesday.  
School store is on the 3rd Wednesday (every other month).



<https://forms.gle/pM5fTb1bqizBULXp8>

**ORDER  
BUCKS NOW**







# Trinity West PTA NEWSLETTER

## PTA UPDATE

The PTA is excited to usher in another new school year! We have a lot of exciting events planned for our students this year including assemblies, field trips, fundraisers, parties, fun day, and more!

September is Blood Cancer Awareness month. Be on the lookout for fundraisers and spirit days in support of Zayden, our West student battling Leukemia.

Also in September, the PTA is proud to present: Mike Super's Magical School Assembly - a magic and illusion show featuring the famous Mike Super (get out your google and check him out). This is truly a unique opportunity for our students!

Stay in touch! Check out our website at [www.trinitywestelementarypta.com](http://www.trinitywestelementarypta.com) to view our calendars, current flyers, and school updates. We will also make announcements and reminders on Parent Square. Follow us on Facebook and Instagram @trinitywestelementarypta  
Follow us on X @TWS\_PTA

Brianna Elliott, President

Chrissy Beckett, VP

Sara Jageman, Secretary

Becca Barnes, Treasurer

Danielle Spearman - Director of School Sales

Brad Poland- Director of Events

Kelsey Stumpf- Director of Technology

Samantha Cortese and Nicole Robinson- Director of Student Programs

Lisa Dawson, Director of Fundraising

## Meet the New Leadership Team



Download the Box Tops app to help raise money for PBIS!

## ALL ABOUT PBIS

PBIS stands for Positive Behavioral Interventions and Supports and is an evidenced-based program for supporting students' academic, behavioral, social, emotional, and mental health. This program is meant to encourage students to make positive choices in all areas of life.

We want our students to have Hiller PRIDE - which is the new PBIS acronym for the positive behaviors that teachers will reinforce each day. PRIDE stands for: Prepared, Respectful, Inclusive, Determined, Excellent.

When students demonstrate one of those, they will be verbally praised and have the potential to obtain a Principal's Pride Badge! If they receive one, you will be informed, they will receive a prize and get a chance to win an even better reward in the future! Your student's teacher will give more info during open house!

Follow PBIS on Twitter @TWS\_PBIS



# September

## CALENDAR

**MONDAY**

1

**HAPPY  
LABOR  
DAY**

**TUESDAY**

2

**BACK  
SCHOOL**

**WEDNESDAY**

3

**THURSDAY**

4

**Today is World  
Leukemia Day  
Wear Orange to  
Support Zayden**

**FRIDAY**

5

**Spirit Day  
Wear Blue & White**

8

**Volunteer Forms  
Sent Home**

9

10

**11 Wear Red,  
White, & Blue  
Popcorn Sale**

12

**Spirit Day  
Wear Blue & White**

15

**PTA Meeting  
w/Volunteer  
Training @ 6:00**

16

17

18

**School  
Store  
Proceeds Benefit  
Zayden**

19

**Spirit Day  
Wear Blue & White**

22

**Penny Wars  
Begins!**

23

**PTA  
Membership Due**

24

25

26

**Mike Super's  
Magical School  
Assembly**



**PENNY WARS WEEK**

29

30

**JOIN US**



To volunteer in  
the school you  
must join the  
PTA and pay  
yearly dues.



**Sign Up**

**VOLUNTEERS  
NEEDED**



We need volunteers to  
help with book fair.  
Scan QR code to view  
our SignUp Genius!



## SEPTEMBER 2025

### Breakfast

Muffin & Yogurt Meal Available Daily

Cereals Available Daily

Cheerios, Frosted Flakes, Rice Chex, Apple Jacks

### Breakfast & Lunch

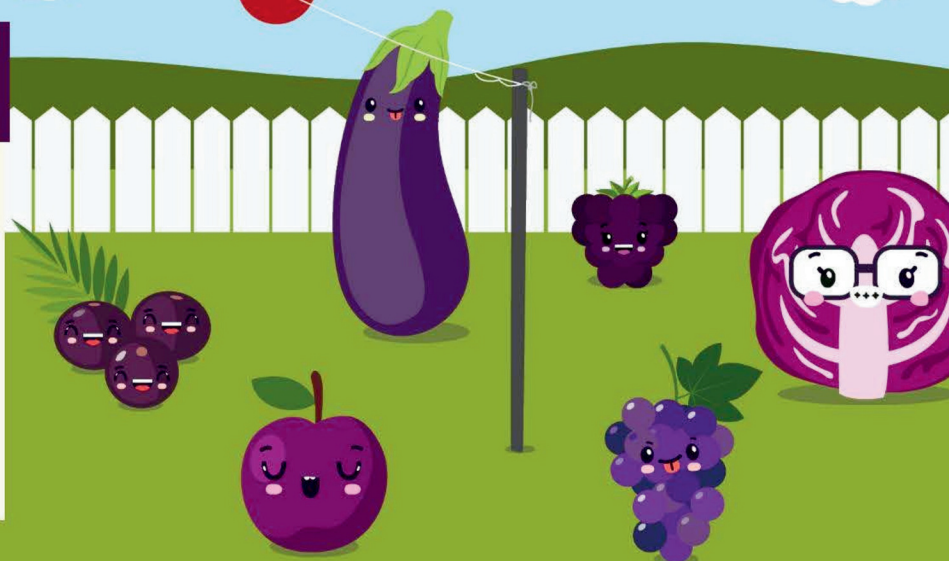
Milk Varieties

Fat Free Chocolate, Fat Free White, & 1% White

Apple Slices Available Daily for Breakfast & Lunch

Juice Flavors

Apple, Fruit Punch, & Orange



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>LABOR DAY</b></p>	<p><b>1</b> Cinnamon Sugar Donut Holes Strawberry Applesauce</p> <p><b>2</b> Cheeseburger Turkey &amp; Cheese Sandwich w/Crackers PB&amp;J with Cheese &amp; Crackers Steamed Corn &amp; Baby Carrots Pears, Banana, &amp; Juice</p>	<p><b>3</b> Fresh Baked Cinnamon Roll Fresh Orange</p> <p>Bosco Sticks with Sauce Nachos &amp; Cheese PB&amp;J with Cheese &amp; Crackers Steamed Broccoli &amp; Edamame Peaches, Fresh Grapes, &amp; Juice</p>	<p><b>4</b> French Toast Sticks &amp; Syrup Fresh Banana</p> <p>Chicken Tenders with Dinner Roll Nachos &amp; Cheese PB&amp;J with Cheese &amp; Crackers Crinkle Cut Fries &amp; Grape Tomatoes Applesauce, Watermelon, &amp; Juice</p>	<p><b>5</b> Banana Breakfast Bread Cinnamon Applesauce</p> <p>Cheese Pizza Nachos &amp; Cheese PB&amp;J with Cheese &amp; Crackers Roasted Carrots &amp; Spinach Salad Pineapple Tidbits, Fruit Salad, &amp; Juice</p>
<p><b>8</b> Banana Yogurt Parfait Strawberry Applesauce</p> <p>Scrambled Eggs, Sausage, &amp; Biscuits Nachos &amp; Cheese PB&amp;J with Cheese &amp; Crackers Waffle Fries &amp; Celery Sticks Mixed Fruit, Fresh Orange, &amp; Juice</p>	<p><b>9</b> Turkey Pancake Wrap Fresh Orange</p> <p>Chicken Patty Sandwich Nachos &amp; Cheese PB&amp;J with Cheese &amp; Crackers Baked Beans &amp; Baby Carrots Pears, Banana, Juice Cherry Jello</p>	<p><b>10</b> Mini Trix French Toast Mixed Berry Applesauce</p> <p>Chicken Nuggets &amp; Breadstick Ham &amp; Cheese Croissant w/Crackers PB&amp;J with Cheese &amp; Crackers Green Beans &amp; Fresh Broccoli Peaches, Fresh Grapes, &amp; Juice</p>	<p><b>11</b> Sausage Biscuit Fresh Banana</p> <p>French Bread Pizza Ham &amp; Cheese Croissant w/Crackers PB&amp;J with Cheese &amp; Crackers Roasted Cauliflower &amp; Cucumbers Applesauce, Cantaloupe, &amp; Juice</p>	<p><b>12</b> Waffles &amp; Syrup Cinnamon Applesauce</p> <p>Chicken Fries &amp; Breadstick Ham &amp; Cheese Croissant w/Crackers PB&amp;J with Cheese &amp; Crackers Roasted Zucchini &amp; Red Peppers Pineapple Tidbits, Fruit Salad, Juice</p>
<p><b>15</b> Frosted Fudge Pop-Tart &amp; Cheese Stick Strawberry Applesauce</p> <p>Nachos Grande Ham &amp; Cheese Croissant w/Crackers PB&amp;J with Cheese &amp; Crackers Mexicali Corn &amp; Baby Carrots Mixed Fruit, Fresh Orange, &amp; Juice</p>	<p><b>16</b> Mini Cinni Rolls &amp; Fresh Orange</p> <p>Fajita Chicken Flatbread Pierogis with Yogurt Ham &amp; Cheese Croissant w/Crackers PB&amp;J with Cheese &amp; Crackers Steamed Broccoli &amp; Red Peppers Pears, Banana, &amp; Juice Vanilla Ice Cream Cup</p>	<p><b>17</b> Chocolate Donut Mixed Berry Applesauce</p> <p>Fajita Chicken Flatbread Rotini &amp; Meatballs w/Breadstick Turkey &amp; Cheese Sandwich w/Crackers PB&amp;J with Cheese &amp; Crackers Gr. Beans &amp; Carrots &amp; Celery Sticks Peaches, Fresh Grapes, &amp; Juice</p>	<p><b>18</b> Breakfast Pizza Fresh Banana</p> <p>Fajita Chicken Flatbread Beef Soft Tacos Turkey &amp; Cheese Sandwich w/Crackers PB&amp;J with Cheese &amp; Crackers Pinto Beans &amp; Fresh Cauliflower Applesauce, Watermelon, &amp; Juice</p>	<p><b>19</b> Frosted Strawberry Pop-Tart Cinnamon Applesauce</p> <p>Chicken &amp; Waffles Turkey &amp; Cheese Sandwich w/Crackers PB&amp;J with Cheese &amp; Crackers Crinkle Cut Fries &amp; Creamy Coleslaw Pineapple Tidbits, Fruit Salad, &amp; Juice</p>
<p><b>22</b> Dunkin Sticks Strawberry Applesauce</p> <p>Mexican Pizza Turkey &amp; Cheese Sandwich w/Crackers PB&amp;J with Cheese &amp; Crackers Green Beans &amp; Grape Tomato Mixed Fruit, Fresh Orange, &amp; Juice</p>	<p><b>23</b> French Toast Sticks &amp; Syrup Fresh Orange</p> <p>Chicken Nuggets &amp; Breadstick Turkey &amp; Cheese Sandwich w/Crackers PB&amp;J with Cheese &amp; Crackers Tater Tots &amp; Fresh Broccoli Pears, Banana, &amp; Juice</p>	<p><b>24</b> Pancakes &amp; Syrup Mixed Berry Applesauce</p> <p>Hog Dog Ham &amp; Cheese Melt PB&amp;J with Cheese &amp; Crackers Baked Beans &amp; Celery Sticks Peaches, Fresh Grapes, &amp; Juice</p>	<p><b>25</b> Pumpkin Breakfast Bread Fresh Banana</p> <p>Grilled Cheese &amp; Tomato Soup Ham &amp; Cheese Melt PB&amp;J with Cheese &amp; Crackers Steamed Broccoli &amp; Baby Carrots Applesauce, Cantaloupe, &amp; Juice</p>	<p><b>26</b> Strawberry Yogurt Parfait w/Graham Crackers Cinnamon Applesauce</p> <p>Chicken Patty Sandwich Ham &amp; Cheese Melt PB&amp;J with Cheese &amp; Crackers Roasted Zucchini &amp; Cucumber Slices Pineapple Tidbits, Fruit Salad, &amp; Juice</p>
<p><b>29</b> Dutch Waffle Strawberry Applesauce</p> <p>Cheeseburger Ham &amp; Cheese Melt PB&amp;J with Cheese &amp; Crackers Mashed Potatoes &amp; Fresh Broccoli Mixed Fruit, Fresh Orange, &amp; Juice</p>	<p><b>30</b> Cheese Omelet &amp; Muffin Fresh Orange</p> <p>Corndog Turkey &amp; Cheese Sandwich w/Grahams PB&amp;J with Cheese &amp; Crackers Roasted Cauliflower &amp; Edamame Pears, Banana, &amp; Juice Chocolate Chip Cookie</p>	<p><b>Breakfast &amp; Lunch Meals are FREE for all Students!</b></p>		





# PURPLE REIGN

Purple can be viewed as an indicator that you are eating foods with a powerful array of health benefits. Fruits and vegetables of this color are rich in anthocyanins, which give foods with their unique color and may benefit brain health, help lower inflammation, and fight cancer and heart disease. In addition to anthocyanins, purple produce offers several other key vitamins and nutrients. Purple powerhouses you should add to your diet include blackberries, boysenberries, cherries, and purple cabbages.

## DISCOVER: PLUM

Look out for plum perfection this month. In season late April through October, plums are a juicy snack brimming with vitamins A and C, calcium, and potassium.



## PURPLE CAULIFLOWER:

Brimming with vitamin C, potassium & fiber  
Peak Season: Dec. - Feb.

**CONCORD GRAPES:** Bursting with manganese, vitamin K, & anthocyanins  
Peak Season: Sep. - Oct.



## EGGPLANT:

Full of fiber, folate, & antioxidants  
Peak Season: Jul. - Oct.

## CHALLENGE OF THE MONTH: CABBAGE COLOR KIT

Transform white fabrics into natural purple and blue tones straight from the cabbage patch! After gathering the materials, follow the directions below.

**DIRECTIONS:** Bring water to a boil with the chopped cabbage.\* Reduce heat and simmer for 20 minutes. Strain and transfer only liquid back to pot. Add damp fabric and simmer 10-20 minutes. Rinse, or leave in bath overnight and rinse with hot water until water runs clear. Dry. Heat set by ironing for 5 minutes.

### MATERIALS:

White clothes to dye  
1 large pot  
1 strainer  
2 cups of chopped red cabbage  
5 cups of water

Choose one or the other:

2 tablespoons of apple cider vinegar for purple

OR

1 teaspoon of baking soda for blue



Tie rubber bands around different parts of the shirt beforehand to create patterns!

\*DO NOT attempt cook or chop without adult supervision.



## ACE'S RECIPE OF THE MONTH:

## CREAMY PURPLE BERRY SMOOTHIE\*

Serves 2

### INGREDIENTS:

- 1/2 cup of pomegranate juice
- 1 tablespoon of honey
- 3 ounces of silken firm tofu (about 1/2 cup)
- 1 cup of frozen unsweetened mixed berries
- 1 cup of frozen unsweetened strawberries
- Whip cream (optional)



### PREPARATION:

- Place all ingredients in a blender, cover, and blend thoroughly.
- Pour into two cups, add whip cream if you want, and enjoy!



\*DO NOT attempt cook or chop without adult supervision.

This institution is an equal opportunity provider.